Sequencing Rationale

The Tampa 2 requires a unique approach of teaching the system to new learners. The system is based on philosophies of teamwork and effort – relying on your teammates and having great hustle and pursuit to the football. It is important to teach the philosophies of the defense then work your way to the schematics of the defense in order to maximize the defense’s full potential.

The first sub unit will be about the Tampa 2 Defense and its rich history of how it came to be and a lot of success in the college of professional football ranks. The Tampa 2 was created by a coach by the name of Monte Kiffin. This defense was deemed the “Tampa 2” after the National Football League Tampa Bay Buccaneers successful Super Bowl winning defense. This defense scheme requires players with speed and athleticism to cause turnovers. This defense is currently used by very little college programs due to its complex nature. The Tampa 2 Defense is popular in the NFL is currently used by the Jacksonville Jaguars, Dallas Cowboys, Chicago Bears, Seattle Seahawks, and of course the Tampa Bay Buccaneers.

The second sub unit will be about the Tampa 2 defense philosophies that lay the foundation for the defense to be successful. The first philosophy is the idea of playing as a team and each player focusing on doing their job and not trying to do someone else’s. Another philosophy is having a great habit of hustling and pursuing to the football during the actual play. Great hustle and pursuit allows us to be able to make mistakes, but due to our great hustle to the football we are able to limit the severity in which the mistake will work against us. The Tampa 2 was created to create turnovers and get the ball into the defenses hands. Turnovers are the quickest way to win a football game and I order to be successful in the Tampa 2 you must emphasize turnovers. The last philosophy we teach is the use of great fundamentals in whatever technique you teach.

The third sub unit taught would be how to stop the run. This will be organized through our four main run stopping schemes which consist of pro, backer, reggie, and trio. Learning the lingo of these run stopping schemes will be important in order to communicate efficiently. The next sub unit will be which scheme to use against which kind of running scheme you encounter.

The last sub will be how to stop the pass. This will be broken down into sub units of zone coverages and man to man coverage schemes. Then the next sub unit will be which scheme to use against the 3 main types of pass a defense will encounter which are 3 step pass, 5 step pass and play action pass.