

## Treatment of Equine Lameness

It is important to firstly determine the cause of lameness, as treatment varies depending on the cause.

### ➤ **Surgery**

- Used to treat certain types of lameness. The most common type of surgery is arthroscopy - surgery of the joint surface by the use of tiny incisions and equipment inserted into the joint to repair it.

### ➤ **Intra-articular injections**

- Injections containing steroids and other drugs aim to reduce the inflammation and pain in the affected joint.

### ➤ **Anti-inflammatory drugs**

- Used to manage and relieve pain.

### ➤ **Regenerative therapies**

- Encourages the body to heal by itself without externally derived medications.
- E.g. stem cell injection, injection of platelet rich plasma

### ➤ **Bandaging/ casts**