**Procedure of the Distal Approach**:

1. The Doe was properly restrained using a halter.
2. The hair was clipped from the midline to 4 cm below it and from T13 to L4.
3. A 20 ml syringe, 20-gauge, 1 inch needle, was used to aspirate 7.5 ml of 2% Lidocaine and 7.5 ml of Saline, resulting in 15 ml of diluted Lidocaine.
4. Palpation of the distal tip of the transverse process of the first lumbar vertebra was done.
5. Once located, an alcohol swab was used to clean the area.
6. The needle was inserted horizontally, parallel to the transverse process to hit the tip of the process.
7. Once hit, the needle was advanced to the dorsal aspect of the transverse process, aspirated, then 2.5 ml of diluted Lidocaine was administered to anaesthetize the dorsal branch of T13 nerve.
8. The needle was slightly pulled back and redirected to the ventral aspect of the transverse process, aspirated, and the 2.5 ml of diluted Lidocaine was administered to anaesthetize the ventral branch of T13 nerve.
9. Steps 4 through 9 were repeated at L2 and L4 to denervate L1 and L3 respectively.

Diagram

Description automatically generated