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| **Deep Branch of the Lateral Plantar Nerve Block** | |
| **Aim** | To anesthetize the deep branch of the lateral plantar nerve, which branches into the medial and lateral plantar metatarsal nerves that supply the proximal aspect of the suspensory ligament. |
| **Materials Required** | 20-gauge 1 inch needle  5ml syringe  Local Anaesthetic Solution |
| **Procedure** | * Usually performed with the limb held with the metatarsophalangeal joint flexed * 1.5 cm distal to the articular surface of the 4th metacarpal, deflect the superficial digital flexor tendon medially away from the axial border of 4th metacarpal * Insert needle perpendicular to the skin surface of the proximal plantar metatarsal region. * Advance the needle to its hub in the sagittal plane of the limb, between 4th metacarpal and the lateral border of the superficial digital flexor tendon |