

Clinicians Check list

Steps involved in a thorough examination of the eye

Observation of the eyes	
✓ Anophthalmia /Microphthalmia	
✓ Intraocular pressure	
✓ Eye movement	
✓ Position of eyeballs in orbits	- Normal or abnormal
✓ Assessment of ocular /cranial nerve reflexes	- Fixation reflex - Palpebral reflex - Cornual reflex - Menace reflex - Pupillary light reflex

Inspection of the eyes	
✓ Sclera	
✓ Cornea	
✓ Conjunctiva	
✓ Foreign bodies	
✓ Eyelids (both upper and lower)	
✓ Third eyelid	

Ideally clinicians should be aware of what is normal and abnormal